

Things I Value about my Relationships

List as they come to you		Re-list in order of energy
	1	
	2	
	3	
	4	
	5	
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	7	
	8	
	9	
	10	
	11	
	12	

Things I Value about my Health

List as they come to you		Re-list in order of energy
	1	
	2	
	3	
	4	
	5	
	6	
	7	
	8	
	9	
	10	
	11	
	12	

Things I Value about my Spiritual Life

List as they come to you		Re-list in order of energy
	1	
	2	
	3	
	4	
	5	
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	7	
	8	
	9	
	10	
	11	
	12	

Things I Value about my Occupation

List as they come to you		Re-list in order of energy
	1	
	2	
	3	
	4	
	5	
	6	
	7	
	8	
	9	
	10	
	11	
	12	

Things I Value about my Lifestyle

List as they come to you		Re-list in order of energy
	1	
	2	
	3	
	4	
	5	
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	7	
	8	
	9	
	10	
	11	
	12	

Things I Value about my Family

List as they come to you		Re-list in order of energy
	1	
	2	
	3	
	4	
	5	
	6	
	7	
	8	
	9	
	10	
	11	
	12	